LET'S TALK
T.U.R.K.E.Y

TOO TIRED TO DRIVE? PULL OVER FOR A TWENTY MINUTE NAP IN A SAFE PLACE

UNTREATED SLEEP DISORDERS, MEDICATION, DRINKING ALCOHOL, OR SHIFT WORK CAN CAUSE DROWSY DRIVING

RESEARCH ESTIMATES THAT 328,000 DROWSY DRIVING CRASHES OCCUR ANNUALLY

KNOW THAT DROWSINESS CAN IMPACT ATTENTION SPAN, REACTION TIME AND JUDGMENT

EXPERTS ADVISE AGAINST DRIVING FROM MIDNIGHT TO 6 A.M. OR IF TIRED IN THE LATE AFTERNOON

YOU ARE 3X'S MORE LIKELY TO BE IN A CRASH IF YOU ARE FATIGUED

DROWSY DRIVING POSTER: https://bit.ly/30SeY0J

Traffic Tabloid
November 2022

Our Driving Concern
Texas Employer Traffic Safety

Traffic Safety

Save a Life