Spring is a time of rebirth. If we translate our feelings into words, we might start with these: rise, leap and move. As the weather warms, people get moving. Employees walk to work. Kids walk to school. You might launch a workplace step challenge.

The time is right to share these pedestrian safety tips:

- Be predictable. Walk on sidewalks. Cross streets in crosswalks.
- Be visible. Wear bright-colored clothing during the day and reflective materials at night.
- Be alert. Silence your phone to avoid distraction. Put away your earbuds and headphones to avoid sensory deprivation. Listen for the warning sounds of horns and sirens.
- Be tuned to others: Make eye contact with drivers at intersections. Watch for vehicles entering or exiting driveways or backing up in parking lots.

PEDESTRIAN SAFETY
We Walk, We Live!