



## JOURNEY MANAGEMENT

JAN 2021

**LENGTH** 2–5 minutes

**TO PREPARE** Read the background information.

### BACKGROUND

- In today’s world with many employees driving to accomplish work-related tasks, now may be the right time to talk with all of your employees about how they manage their journeys that involve driving.
- Discussing the topic of journey management matters to the employer for many reasons, which the National Safety Council and the National Highway Transportation Safety Administration include in the most recent Injury Facts report:
  - [Medically consulted injuries](#) in motor vehicle incidents totaled 4.5 million in 2018, and total motor vehicle injury costs were estimated at \$445.6 billion.
  - **Costs include [wage and productivity losses, medical expenses, administrative expenses, motor-vehicle property damage and employer costs.](#)**
  - <https://injuryfacts.nsc.org/motor-vehicle/overview/introduction/>

### DISCUSSION

- Prepare for the worst, but hope for the best. These are words to live by in a world where the unexpected can mean serious consequences.



#### How can using a Journey Management plan help a driver?

- Helps avoid risks
- Helps prevent incidents before they happen
- Helps decide if journey is necessary and if driving is the best transportation option



# TRAFFIC SAFETY Huddle



**If driving is the best transportation option available for this journey, what factors should be considered in a Journey Management plan?**

- Decide on the route, based on types of roads, weather, traffic patterns and construction conditions.
- Plan rest periods and locations of rests if the journey is longer than four hours.
- Consider and plan for unexpected delays.
- Know what to do in case of emergency.
- Make sure communication is available.
- Make sure the vehicle is roadworthy.
- Know who to contact if unexpected issues occur and who knows the journey is taking place.
- Plan the time of day for the journey; driving at night or while fatigued greatly increases risk.

## OPTIONAL DISCUSSION

### Emergencies on the Road

If time allows for a discussion on Emergency Management, watch the webinar on Emergencies on the Road at the link:

- <https://tinyurl.com/y9hw2tx2>

If time is not available now to view and discuss this topic, include it soon in your next Safety Talk.

## SUMMARY

- Making a Journey Management Plan increases your chances of arriving safely.
- Your best plan should include considering all routes, road and weather conditions, communications, emergency management and timing of the journey; apply these key points in your Journey Management Plan.