

Can You Do **Two** Things at Once?

TRY reading and talking on the phone at the same time.

You can't pay attention to both.



Multitasking is a myth.

NEVER drive and use your phone at the same time.

Focus on driving and get to your destination safely.



nsc.org/justdrive

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How to Set Up Your Drive

Before departing:

- Set your GPS device
- Silence your phone
- Pick a radio station or music playlist

Safety Tips

1. Eyes: Keep your eyes on the road.
2. Hands: Keep your hands on the wheel.
3. Mind: Focus your attention on the road.

