Can You Do Two Things at Once?

TRY reading and talking on the phone at the same time.

You can’t pay attention to both.

Multitasking is a myth.
NEVER drive and use your phone at the same time.

Focus on driving and get to your destination safely.

nsc.org/justdrive

How to Set Up Your Drive

Before departing:
• Set your GPS device
• Silence your phone
• Pick a radio station or music playlist

Safety Tips

1. Eyes: Keep your eyes on the road.
2. Hands: Keep your hands on the wheel.
3. Mind: Focus your attention on the road.