Priorities Change …

Values Do Not

Safety Comes First
Even if You Are Working Remotely

Impairment is Impairment

5 Safe Driving Tips

1. Impairment begins with the first drink.
2. Be wary of fatigue-related impairment. Adults need 7-9 hours of sleep to reach peak performance levels.
3. When you drink, don’t drive.
4. You can’t drive safely if you are impaired.
5. Alcohol, marijuana, and other drugs impair the ability to drive because they slow coordination, judgment and reaction times.